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Air Power

Quote of the Week

"The best way to defend the bombers is to catch the enemy before it is in position to attack. Catch them when they are taking off, or when they are climbing or when they are forming up."

—Ret. Brig. Gen. Robin Olds

Laughlin brings in the Reserves

By Airman 1st Class Brad Pettit

Editor

Since the Sept. 11 terrorist attacks, 23 people have arrived at Laughlin wearing Air Force uniforms.

These reservists, Individual Mobilization Augmentees, have been deployed to Laughlin to provide homeland security in support of Operation Noble Eagle.

Twenty-one of the Reservists have been assigned to the 47th Security Forces Squadron. According to Maj. Joel Dickinson, 47th SFS commander, they are doing well in their new full-time jobs, while also taking care of personal matters and their families back home.

"They are doing a fine job," he said. "They are separated from their loved ones, some have taken a reduction in pay from their civilian jobs, and they are pulling 12-13 hour shifts. And even under these conditions I'm hearing no

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Photo by Airman 1st Class Brad Pettit

Staff Sgt. Anthony Kelley, 47th Aeromedical Dental Squadron Bioenvironmental Flight technician, tests a drinking water sample for bacteria. He is one of 23 reservists currently assigned to Laughlin in support of Operation Noble Eagle, the homeland security aspect of the nation's war on terrorism.

Base civilians receive top military education

By Airman Timothy J. Stein

Staff writer

Three Laughlin civilian employees were recently selected to attend military intermediate and senior service schools.

John Chiaramonte, 47th Civil Engineer Squadron environmental flight chief, and Felipe Jimenez, 47th Mission Support Squadron civilian personnel officer, have been selected to attend Air Command and Staff College, while Rich Urban, 47th Support Group Logistics Division funds manager, has been picked to attend Squadron Officer School.

Chiaramonte and Jimenez were selected to attend ACSC when the Air Force Civilian Competitive De-

velopment Program selection board met at Randolph Air Force Base in early October. The board of 12 senior executive servicemembers considered 145 employees for 104 primary spaces at a variety of intermediate and senior service schools, academic and experiential programs and executive development programs.

According to the Air Force Personnel Center at Randolph AFB, people selected clearly possess the greatest leadership potential and are most likely to be assigned follow-on positions of increasingly greater responsibility.

Chiaramonte and Jimenez, who were both nominated by their com-

manders in June, will attend the 10-month course at Maxwell Air Force Base, Ala., beginning in August 2002.

Jimenez said he is very excited about the chance to go to ACSC.

"It is a wonderful opportunity," he said.

Urban, who left Tuesday for Maxwell AFB to attend SOS, will be gone until Dec. 20, said Maj. Robert Hicks, 47th Support Group Logistics Division director.

"Mr. Urban is an exceptionally talented funds manager, well-versed in his trade," said Hicks. "His selection to SOS is a direct result of his motivation, discipline and can-do attitude."



Commanders' Corner

By Lt. Col. Peter Godwin
47th Flying Training Wing inspector general

Rules and thoughts to live by

Ever since I was a Naval Junior Reserve Officer Training Corps cadet back in high school, I've been a devout student of military history.

On many occasions, I've read or heard inspiring speeches, stories, words of wisdom and prayers from, not only our nation's civilian and military leaders, but from my late father and uncle who proudly served in World War II, an uncle who served in Korea and still another who served in Vietnam.

Their words instilled in me a deep sense of pride in America, our liberties and the price of freedom. Washington's prayer at Valley Forge, Jefferson's Declaration of Independence, Lincoln at Gettysburg,

Eisenhower's message to the troops before the D-Day landings, Kennedy's inaugural speech and, more recently, President Bush's address to the nation in the aftermath of the Sept. 11 attacks.

Another leader whom I've greatly admired over the years and whose wisdom and insight has inspired and continues to inspire me is Secretary of State, former Joint Chiefs of Staff chairman, and retired Army Gen. Colin Powell.

In 1990 then-Gen. Powell published his rules, or thoughts, to live by, which he had come up with over the years. I believe if we use Secretary Powell's rules in our lives, we'll be stronger people and better equipped

to handle life's peaks and valleys.

■ *It isn't as bad as you think. It will look better in the morning.*

The glass is always half-full rather than half-empty at Laughlin.

■ *Get mad, then get over it.* Just like my 7-year-old son and 4-year-old daughter – life is short, press on.

■ *Avoid having your ego so close to your position that when your position falls your ego goes with it.*

Your views on a position may not be as complete as your colleagues, subordinates or supervisors.

■ *It can be done.* Team XL's motto: "Can't" has been deleted from Team XL's vocabulary.

See 'Powell,' page 3

Top Three Talk

By Master Sgt. Bradley Hopkins

47th Operations Support Squadron weather flight superintendent



Give troops chance to develop skills

Before I enlisted almost 19 years ago, I knew I wanted an Air Force career. What I didn't realize at the time is that I would be constantly learning and that my supervisors would teach me skills I would need as my career progressed.

I started life in the Air Force as a security specialist in Turkey. I had a supervisor who took people under his wing and helped reinforce tactics we would need to survive any hostilities.

After a year in Turkey, I spent three years at MacDill Air Force Base, Fla. There I had another supervisor who believed in teaching. I was fortunate he saw my potential and always challenged me with tasks to broaden my experience and leadership skills.

As a new staff sergeant, he pushed to have me certified as a se-

curity flight chief, a position usually filled by more senior enlisted.

When the opportunity to retrain into weather popped up, I took it. A few of the instructors at Chanute AFB, Ill., whom I knew well took the opportunity to show me how to become a better forecaster.

Later, when I was at Grand Forks, N.D., I had a station chief who really took the time to expand on things learned at Chanute. He was demanding with respect to the science of meteorology and use of sound logic in the forecasting process, but I became a much more solid forecaster for it.

When I arrived at Malmstrom, Mont., in early 1994, I worked for another station chief who was just as demanding in the science of meteorology, but expanded my experience by

involving me more with management responsibilities. Projects such as writing operating procedures, submitting award packages and overseeing the forecasting and observing functions helped groom me for higher positions. I remember getting many pieces of work turned back with tons of "blood" on it, but the fact that he took the time to show me things and let me succeed and fail on my own during the process further honed my skills.

Now, as the head of my own shop, I took my education and applied it to my own style. Like my mentors before me, I give people opportunities to learn and develop their own skills. My hope is supervisors at every level take time to teach their subordinates well. By taking the time now, we will ensure having good leaders and managers in the future.

Border Eagle



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Submissions can be e-mailed to:
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"Excellence – not our goal, but our standard."

– 47th FTW motto

FPCON Bravo

Laughlin is currently in Force Protection Condition Bravo. All people should remain vigilant and report suspicious activity to security forces at 298-5100.

Prayer can help lift spirits

By Chaplain (Capt.) Richard Black
Laughlin Chapel

The effects of the terrorist attacks Sept. 11 on our great country has significantly changed all of our lives. Especially those of us affiliated with the military, whether active duty, reservists, retired or civilian.

Young people join the military service for the various benefits; however, there will always be a time when we are called upon to fight, protect and defend the liberties we have in America.

Although Sept. 11 seemed to have the greatest effect on us, we have found we have continued to become security conscious. Many of us have made significant changes, like who in the family opens the mail and how to open it. Many of us have now taught our children how to look out for suspicious people, behavior and packages. Some

of us may even be living in total fear and feeling as though there is nothing we can do.

But there is something we can do – and that is pray, praise and worship.

I know that many people attend their church of choice on Saturday, Sunday or whatever day they attend. However, we are going to make time on Friday evenings to come together for prayer, praise and worship right here at the base chapel for the benefits explained in Exodus 17:8-16 in the Bible.

So, although we are not on the front line, we can hold up our president and other military leaders through spiritual means. Our labor is not in vain. I know it is a Friday night and many would prefer to relax, leave town or just get away. That is okay; however, for those who are looking to build on to their spiritual foundation and lift up this country with prayer and worship – this is for you.

'Powell,' from page 2

■ *Be careful what you choose. You may get it.* Carefully research, explore facts and data before pressing the "accept" button.

■ *Don't let adverse facts stand in the way of good decisions.* Seek wise counsel and prudent, true data before making decisions that may affect you, your family and your mission. Maintain the courage to always do right.

■ *Check small things.* Small

things often leave big impressions!

■ *Share credit.* Easy to do at Team XL with so many people doing so many great things.

■ *You can't make someone else's choices. You shouldn't let someone else make yours.* Have a plan, a realistic goal of what you want to become, where you want to go, and stick to it – you are the captain of your ship.

■ *Remain calm. Be kind.* Another Team XL trademark; especially good in the heat of the battle.

■ *Have a vision. Be demanding.* We expect the absolute best from ourselves and our fellow team members – the result is the "best of the best" in any discipline.

■ *Don't take counsel of your fears or nay sayers.* We will win any conflict, any battle.

■ *Perpetual optimism is a force multiplier.* In the military, we are always looking for methods of increasing or multiplying our forces. No one does it better than Team XL – the Air Force's premier flying training wing!

Community Update

New exterior lights in housing area

Light poles in base housing are being installed in six phases. Phase 1 is complete, and 23 new light poles were installed on Brown, Lawhon and Frazier. Phase 2 will take place over the next several months, and 20 light poles will be installed on Knight, Arantz, Arnold and McConnell.

During Phases 3-6, a total of 79 light poles will be installed on the following streets: Phase 3, Bowling, McKee, Pushcar, North Edwards; Phase 4, South Edwards, Yarbrough, Kenyon; Phase 5, Mumbrue, Hall, White, North Johnson; Phase 6, Farrow, Hetrick, O'Brien, Carlson, Ciarfeo.

Clinic phone number and triage process

The medical staff will now check the emergency/after-hours phone number four times daily to ensure the number is in working order and that the answering machine picks up when no one is there or someone is on the phone.

The pediatric triage process has also been reevaluated. When a parent calls about a sick child, a nurse will assess the situation and decide if an acute appointment needs to be made. If an appointment can't be made that day, the nurse will call the next morning to see if the infant is doing better; if not, an appointment will be made based on the child's condition and nurse's assessment of appointment priority.

Actionline 298-5351

This column is one way to work through problems that haven't been solved through normal channels. By leaving your name and phone number, you are assured of a timely personal reply. If you give your name, we will make every attempt to ensure confidentiality when appropriate.



Rick Rosborg
Col. Rick Rosborg
47th FTW commander

From the wing commander

I am extremely pleased to see the type of correspondence below. I join Mr. Boykin in saluting our security forces as they go the extra mile to provide safety and security at Laughlin day in and day out, 365 days a year – especially after Sept. 11.

We will remember Sept. 11 for the rest of our lives. I want to make sure we recognize the men and women of the 47th Security Forces Squadron.

I know the additional tasking of security has been a heavy burden for each of them. My hat is off to them for the professionalism they have shown through a difficult time in the country's history. These airmen are young and old and show me how great it is to be part of this base and the meaning of "XL."

There have been no complaints from any of them. I am truly amazed by their attitudes while working the gates and making us all feel safe.

Please pass this on to the men and women of the 47th Security Forces Squadron. It is good to see "esprit de corps" alive and well.

Harry Boykin
Data systems manager

Airmanship

Intended to help all airmen articulate the Air Force's vision of aerospace power

What is air power?

Air power is the fundamental ability to use aircraft to create military and political effects. Another way of defining it is: military power that maneuvers through the air while performing its mission. Air power is a subset of aerospace power.

SGLI grace period extended

The grace period in which military members can either decline or reduce coverage for their spouses under the new family member SGLI program and receive a refund for premiums paid has been extended to Dec. 31.

"Every effort is being made to accommodate military members," said Maj. Jerry Couvillion, Air Force Personnel Center casualty services branch chief at Randolph Air Force Base. "This extension should allow members sufficient time to make a decision as important as this."

Beginning Nov. 1, spouses of participating military members were automatically enrolled for up to \$100,000 of low-cost life insurance coverage, and members began receiving \$10,000 of free insurance coverage for their dependent children.

"This is a great deal for Air Force people — especially the free insurance for children," said Couvillion. "Its intent is to provide extra financial security, and that's exactly what it does — with minimum cost to the member."

(Courtesy of AETC News Service)

Designated drivers get chance to win hotel stay

People who help their friends and family safely observe the holidays by serving as designated drivers have the chance to win a weekend stay at an upscale hotel for their efforts.

AETC Services officials recently announced the 2001 Holiday Designated Driver Program, which will award weekend accommodations at one of two San Antonio Marriott hotels to someone from each base in the command.

People can enter the contest from Thursday to Jan. 1 at any Services facility that serves alcoholic beverages, said John

Franklin, AETC Services commercial sponsorship manager. When people identify themselves as designated drivers, they will receive an entry form to win a stay at the Marriott River Center or Riverwalk hotel.

"The people at the San Antonio Marriott River Center asked what they could do to support the military," Franklin said. "This is an excellent example of support for morale and welfare programs and the Marriott's expression of support to AETC personnel."

A designated driver can en-

ter the drawing once each visit.

"A person visiting Services facilities several times during the holidays can enter the contest several times," said Steve Cowan of AETC Services.

Designated drivers must be a minimum of 18 years old to enter. The drawings for the Marriott weekend passes will be held at each AETC base Jan. 3.

"Designated drivers make the holiday season safer for all of us," he said. "The Marriott is helping make our command's program stronger."

(Courtesy of AETC News Service)

'Reserves,' from page 1

complaints and seeing professional airmen doing their duties."

Tech. Sgt. Scott Schweighauser, 47th SFS flight sergeant, said he arrived here Sept. 16 for his annual Reserves training, fully expecting to be back home in Roscoe, Ill., within two weeks.

"I was told I could be here for as much as two years," he said. "It was a shock for me and all the others."

Schweighauser explained that the shock soon faded and reality began to set in.

"First you think of your family, then your job back home," he said. "I thought, 'I have two children with November birthdays, and I won't be home for Thanksgiving.'"

Schweighauser went on to explain that though he misses his friends and family, he knows what he's doing here is important.

"I'm a reservist, and a national emergency came up," he said. "That's why we're here. We'll do what we have to do until it is time to go. Then we'll shake everybody's hands and go back

to our families."

Second Lieutenant Kelly Baker, Laughlin's Air Reserve management officer, said she is thoroughly impressed with the IMAs and how they are handling their situations.

"These men and women are patriots in the truest sense of the word," she said. "The terrorist attacks happened on a Tuesday, and on Friday we were in the command post asking these reservists to leave their families for up to two years."

Staff Sgt. Anthony Kelley, 47th Aeromedical Dental Squadron Bioenvironmental Flight technician, said he also misses his family, but is trying to take a look at the big picture and the reason why he feels it is necessary to serve.

"We are all in this together," he said. "Seeing kids playing on the playground has made me understand that we're the generation that is going to make sure they enjoy the freedom we've always had."

To date, three separate Reserves call-ups have been made. The most recent group arrived in early November and more were notified Thursday that they will be assigned to Laughlin.

Newslines

Commissary closes

The Laughlin Commissary will be open Monday from 9 a.m. to 6 p.m. It will be closed Thursday and Nov. 23.

For more information, call 298-5821.

Thanksgiving feast set

A Thanksgiving feast is scheduled for all active duty, retirees and their families from 11 a.m. to 5 p.m. Thursday at the Chaparral Dining Facility. Meal card members will be served from 11 a.m. until noon. All other customers will be served from noon until 5 p.m.

The wing commander, various squadron commanders and the Top 3 will help serve food.

For more information, call 2nd Lt. Paula Schoch at 298-5304.

Trash collection changes

There will be no trash collection Thursday in base housing. Trash collection will be Nov. 23.

Cookie Caper scheduled

Beginning Dec. 2 cookies will be accepted for Laughlin's "Cookie Caper." This is a basewide program whose purpose is to deliver cookies to single airmen in the dorms and Laughlin Manor, reservists on temporary duty here, and family members of deployed people.

The cookies may be dropped off at 9018, 9019 or 9020 Arnold Street. Brown bags will be filled with cookies starting at 9 a.m. Dec. 7 at the Chapel Fellowship Hall and delivered the same day beginning at 1 p.m.

If you would like to help assemble the bags or would like more information, call Elizabeth Rosborg at 298-8800.

Verify emergency data

All military people are encouraged to check the accuracy of their DD Form 93, Record of Emergency Data, prior to departing for the holiday season. The military personnel flight will have a person in customer service every Tuesday, Wednesday and Thursday from 1 to 4 p.m. to verify these forms.

Members should have the names, addresses, telephone numbers and social security numbers of their next of kin and/or designated beneficiaries of death gratuity and unpaid pay/allowances. SGLI forms should also be updated at the same time.

For more information, call 298-5276.

Air Force releases T-38 accident findings

Air Force officials have completed their investigation into the Aug. 24 T-38 Talon accident near Sheppard Air Force Base that resulted in the death of an Italian aviator.

In the incident, two T-38s collided in flight and crashed about 59 miles west of Sheppard AFB. A student pilot flying solo sustained fatal injuries during the midair collision. The other crew, a student pilot and instructor pilot, successfully ejected from their aircraft.

All three aviators were from the Italian air force and were assigned to Sheppard AFB as members of the Euro-NATO Joint Jet Pilot Training program. They were flying a formation-training mission at the time of the crash. Sheppard AFB trains pilots from 13 countries in the Euro-NATO program.

During the training flight, the solo student pilot was leading a two-ship basic formation sortie to practice formation and rejoining maneuvers. During a maneuvering event, the two jets collided. The instructor pilot determined his aircraft was uncontrollable and ordered bailout. The solo pilot sustained injuries in the collision and could not attempt ejection.

The accident investigation board determined three factors contributed to the accident.

First, none of the three crewmembers was able to correctly assess his position and rate of closure in time to avoid the collision.

Second, the instructor did not anticipate the sequence of maneuvers that placed the lead aircraft in the sun, and he allowed the situation to continue.

Finally, the solo pilot was not aware his sequence of maneuvers resulted in a situation where he was in the sun relative to his wingman and was not monitoring his wingman during this phase of flight.

The board determined the accident could have been avoided if any one of these factors had been different.

Brig. Gen. Felix Dupré, executive officer for the supreme allied commander in Europe, led the accident investigation.

(Courtesy of AETC News Service)



Photo by Airman Timothy J. Stein

Takin' a shot

Col. Rick Rosborg, 47th Flying Training Wing commander, receives his annual flu shot from Senior Airman Corazon Pol, 47th Aeromedical Dental Squadron aeromedical journeyman, at the Fiesta Center Thursday. The flu vaccine is now available and is mandatory for all active-duty people. Flu shots will be administered in the auditorium of Anderson Hall, formerly the OTC, today and Monday from 3 to 5 p.m.

Interested in the Air Force?

Call Del Rio's Air Force recruiter at 774-0911.

SUPT Class 02-02 members graduate today,

Compiled from staff reports

Student Undergraduate Pilot Training Class 02-02 graduates at 10 a.m. today in the auditorium at Anderson Hall, formally the Operation Training Complex.

The 52-week SUPT program prepares student pilots for the spectrum of Air Force aircraft and flying missions.

Training begins with three weeks of physiological and academic training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, subsonic T-37 "Tweet." In the T-37, students learn flight characteristics,

emergency procedures, takeoff and landing, aerobatics and formation flying.

After primary training, the future pilots are selected for advanced inflight training in a specialized track.

The tracks include tanker, bomber and cargo aircraft training in the T-1 aircraft; fighter training in the T-38; turbo propeller aircraft training in the Navy's T-44; and helicopter training

in the Army's UH-1. Advanced training in a track takes about 26 weeks.

Graduates of Class 02-02 have been assigned to aircraft at duty stations throughout the world.

Maj. Gen. Bruce Wright, selected for his third star and to be the next Air Combat Command vice commander, will be the guest speaker at today's graduation. Gen. Wright is now the Air Intelligence Agency commander.



1st Lt. Julie F. Falbo
C-130, NAS Fort Worth (ANG)
Class leader



2nd Lt. Gary Charlton
F-16, Syracuse AFB, N.Y. (ANG)
Assistant class leader



(Courtesy photo)

Pictured are the three jets used to train Laughlin student pilots. Clockwise from left are the T-38 Talon, T-1A Jayhawk and T-37 Tweet.



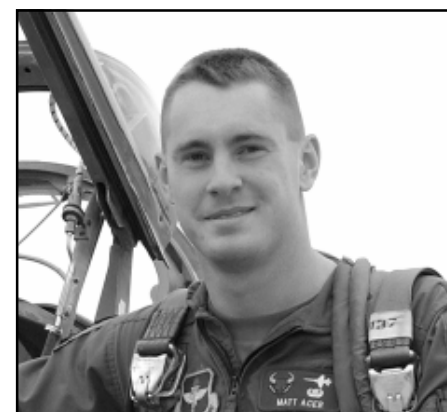
1st Lt. Brian S. Ahlert
F-16, Arkansas (ANG)



1st Lt. Fernando Galvan
KC-10, Travis AFB, Calif.



1st Lt. Shane A. H. Nagatani
F-15, Tyndall AFB, Fla.



2nd Lt. Matthew P. Acer
F-16, Luke AFB, Ariz.



2nd Lt. Ryan P. Budinko
KC-135, Grand Forks AFB, N.D.



2nd Lt. Roger L. Bushore
KC-135, MacDill AFB, Fla.



2nd Lt. Raymond L. Daniel
F-16, Luke AFB, Ariz.



2nd Lt. Tyson R. Doran
C-21, Ramstein Air Base, Germany

transition from students to Air Force pilots



2nd Lt. William B. Hartman
T-37, Laughlin AFB



2nd Lt. Jonathan R. Hougnon
T-37, Laughlin AFB



2nd Lt. Andrew V. Katz
T-1, Laughlin AFB



2nd Lt. Greg T. MacDonald
E-3, Tinker AFB, Okla.



2nd Lt. Steven M. Niewiarowski
C-17, McChord AFB, Wash.



2nd Lt. Evan J. Reece
C-5, Dover AFB, Del.



2nd Lt. Nicholas Scola
KC-135, Pease ANGB, N.H.



2nd Lt. Jesse L. Smith
A-10A, Davis Monthan AFB, Ariz.



2nd Lt. James W. Stevenson
F-16, Ohio (ANG)



2nd Lt. Stirling M. Stewart
C-9, Scott AFB, Ill.



2nd Lt. Todd M. Stinchfield
C-17, Charleston AFB, S.C.



2nd Lt. Scott M. Taylor
F-15, Tyndall AFB, Fla.



2nd Lt. Matthew R. Weinschenker
C-130, Dyess AFB



2nd Lt. Derek K. Williams
KC-10, McGuire AFB, N.J.



2nd Lt. Paul B. Wurster
B-52, Barksdale AFB, La.



AETC beefs up e-training Web site

Gaining momentum with online training, officials in Air Education and Training Command have increased the number of 7-level craftsman courses on the command's e-training site to four as of Nov. 1.

In addition, the Web site now includes links to more than 1,000 open enrollment courses via the Air Force computer-based training program, links to several Resource Advisor courses developed by the Air Force Institute for Advanced Distributed Learning, and qualification and continuation training for the 2E, 3A, 3C and 3E career fields developed by the 81st Training Support Squadron's Q Flight at Keesler Air Force Base, Miss.

"AETC's Advanced Distributed Learning program is growing at a phenomenal rate," said Master Sgt. Brian Burton of AETC's Advanced Distributed Learning Branch. "The ability to take effective, interactive training to the learner, anytime, anywhere is a powerful means of preparing today's airmen for tomorrow's challenges. It's important to remember that not all traditional classroom courses will be converted to ADL.

"Perhaps one of the most attractive features of ADL is the ability to use current technology to enhance classroom courses or replace only a portion of in-residence classes, thereby reducing [temporary duty assignment] lengths in many cases."

For now, technical training craftsman courses dominate the e-training site, but that is slated to change, said Dave Searcey of the ADL branch.

"Prototype ADL lessons for F-15 and F-16 aircrew training are being developed this year, with other weapons systems under review," he said. "The potential for the Air Force, not just AETC, is huge."

For example, KC-135 aircrew training occurs around the world, around the clock, Searcey said. Not only would an ADL KC-135 training module on landing gear be used for initial qualification training, it could also be used by qualified aircrews

for continuation training in the field.

Graduate training programs are other courses of study that provide good examples for the application of ADL. Many of these programs, such as aircraft commander or instructor qualification courses, require aircrew members to return to the schoolhouse where they spend the first three to eight days in academics.

Through ADL, a portion of the academic time put online could be accomplished at the home unit as a prerequisite to the schoolhouse TDY, thus reducing the total of TDY days, Searcey said.

AETC has added an interactive demonstration of ADL on the e-training Web site that gives an overview of the benefits, uses and potential of this technology.

"This demonstration program offers an opportunity for those with little to no understanding about Advanced Distributed Learning to see what the program offers," said Maj. Joe Tegtmeyer, ADL branch chief. "It provides a great overview of how training can be delivered via the Internet, including high quality sound, animation and interactivity."

ADL is a Department of Defense-sponsored initiative to explore and use advanced technologies and the Internet to enhance traditional instruction methods, Tegtmeyer said.

"As the lead Air Force command, AETC is fully committed to adopting ADL into training and education programs and continues to build on initial successes," Major Tegtmeyer said.

Active-duty, Guard and Reserve members selected to enroll in an online course will be contacted through traditional formal training channels.

To check out the latest course or training opportunities, try out the ADL demonstration, or to get information on current and future AETC ADL efforts, people can visit the AETC e-training Web site at <https://etraining.aetc.af.mil>.

(Courtesy of AETC News Service)

Lodging accepts early Space-A reservations

Travelers who want to stay at Air Education and Training Command lodging facilities during the holidays can sign up for space-available rooms as early as Dec. 1.

AETC lodging officials announced the expanded sign-up window of opportunity this week when the command granted approval of a waiver for early reservations and longer space-available stays.

Normally, Space-A reservations can be made only 24 hours in advance and only for a maximum stay of three days.

With implementation of the waiver, people can make Space-A reservations up to two weeks in advance and stay for up to five days in AETC lodging from Dec. 15 to Jan. 6, said Terry Prudhomme, AETC Services Directorate command lodging specialist.

"Lodging operations typically have many vacancies when student guests depart for the holidays," he said. "Our lodging general managers requested the waiver to support our active duty traveling during the holidays and as a benefit to our retirees."

To make a reservation at any AETC lodging operation, people can call the Air Force lodging toll-free number at (888) AFLODGE or (888) 235-6343. Then, they enter the first three letters of the base at which they wish to make a reservation.

AETC bases include Altus AFB, Okla.; Columbus AFB, Miss.; Goodfellow AFB; Keesler AFB, Miss.; Lackland AFB; Laughlin AFB; Little Rock AFB, Ark.; Luke AFB, Ariz.; Maxwell AFB, Ala.; Randolph AFB; Sheppard AFB; Tyndall AFB, Fla.; and Vance AFB, Okla.

(Courtesy of AETC News Service)

The *XLer*



Photo by Airman 1st Class Brad Pettit

Senior Airman Eric Perez
47th Security Forces Squadron
desk sergeant/patrolman

Hometown: San Antonio
Family: Wife, Samantha; son, Jacob; daughter, Emma
Time at Laughlin: 10 months
Time in service: 4 years, 7 months
Name one way to improve life at Laughlin: Every base has its good and bad points. I feel fortunate to be where I am and working with the people I do. I think it's just a matter of attitude and what you make of the situation you are in.
Greatest accomplishment: My kids, by far. However, serving as a member of the U.S. Air Force Honor Guard comes very close.
Hobbies: Playing golf, going to Spurs games and spending time with my family
Bad habit: Being too much of a perfectionist
Favorite film or book: Saving Private Ryan
Favorite band or musician: Enya
If you could spend one hour with any person, who would it be and why? My wife. I don't see her enough. She deserves all the time I can give her.

Chapel Schedule

Catholic

Sunday

- Mass, 9:30 a.m.
- Confession by appointment
- Sunday school, 10:30 a.m.
- Little Rock Scripture Study, 11 a.m. in Fellowship Hall
- Thursday**
- Choir, 6 p.m.

Jewish

Max Stool, call 775-4519

Muslim

Dr. Mostafa Salama, call 768-9200

Nondenominational

Fridays

- Unity in Community Services, 7 p.m.

Protestant

Sunday

- Adult Sunday school, 9 - 10:30 a.m.
- General worship, 11 a.m.

Wednesday

- Women's Bible Study, 12:30-2:15 p.m. at chapel
- Choir, 7 p.m. at chapel

For more information on chapel events and services, call 298-5111.

Friday, Border Eagle.
Wednesday, this newspaper:
<http://www.af.mil/newspaper>

The Air Force rewards good ideas with money. Check out the IDEA Program Data System at <https://ideas.satx.disa.mil>, or call the 47th Flying Training Wing Manpower Office at 298-5236.



Don't drink and drive!

People encouraged to drive safely on base

By Paul Blair

Laughlin Safety Office ground safety manager

Recent traffic incidents prompted the Wing Safety Office to take a closer look at Laughlin's traffic. What was discovered is a general disregard for posted speed limits, traffic markings and traffic regulations.

All Laughlin people have a responsibility to be safe drivers, but even the most careful drivers can improve. If we commit to the following simple steps, we may not only save our own lives, but other peoples' lives.

■ *Don't speed.* Exceeding the posted speed limit or driving too fast for road conditions is a factor in nearly one-third of all fatal crashes nationwide. Speed limit signs are conspicuously posted throughout the base – obey them.

Speeding in base housing areas is a major concern. Residents may report traffic violations to the Law Enforcement Desk by calling 298-5100 and providing the license plate number, make and model of vehicle, location and time of the violation, and a physical description of the person driving.

■ *Obey traffic markings and signs.* Stop at stop signs. All of Laughlin's recent serious traffic accidents involved intersections and a driver failing to stop at a stop sign.

■ *Avoid driver distractions.* Don't try to do two or more things at a time. Nothing can compare with the urgency of keeping your eyes on the road.

■ *Use safe backing techniques.* Back slowly, using rear-view mirrors and looking over shoulders frequently.

■ *Drive defensively.* Adjust your speed to conditions and scan the road ahead. Concentrate not only on what is happening immediately in front of you, but try to anticipate what may happen farther on. Follow at a safe distance, lengthening the interval on slick or wet roads. Glance into the rear-view mirror frequently so you will know the traffic picture around and behind you.

Give parked cars on narrow streets as wide a berth as you can. When driving by parked cars, watch out for signs that indicate a car may be ready to pull away from a curb. Always be watchful of children playing or pedestrians. Always signal your intention to turn well in advance. And always use vehicle occupant restraints. It's an Air Force requirement and a Texas state law.

These are a few driving techniques we can employ to make Laughlin a safer place. We can reduce the chances of a serious traffic accident on the base with your help.



How have you been affected by Stop-Loss?



Master Sgt. Michael Sweet
47th Civil Engineer
Squadron deputy
fire chief

"I was eligible for retirement, but re-enlisted because of our current world situation."



Lt. Col. Linda McCullers
86th Flying Training
Squadron programmer

"I'm not happy about my retirement being cancelled, but if my staying in helps the U.S. defeat terrorism, I'm willing to stay."



Capt. Sean Flack
86th Flying Training
Squadron K Flight
commander

"As far as my family and I go, we were pretty much unaffected because we made the decision to stay in."

Poor
health, lost
income,
jail,
discharge...
Ecstasy?
Maybe they
should
change the
name.

Antiterrorism Tip: Current world events require military members to be extra careful during daily routines. Should your wallet, base stickers or ID become lost or stolen, report it to the local police and the Law Enforcement desk at 298-5100 immediately.



Photo by Master Sgt. Pat McKenna

Homecoming

Singer Gloria Estefan peeks inside her childhood home located on what was once part of Kelly Air Force Base's Billy Mitchell Village housing area Nov. 5 while being accompanied by Staff Sgt. Ken Brown, a reservist augmenting the 37th Security Forces Squadron at Lackland Air Force Base. Estefan lived on Kelly for almost two years. Her father, Jose Manuel Fajardo, a Cuban exile and U.S. Army soldier, studied English and worked on Lackland. Estefan toured the neighborhood, which is now a residential apartment complex, with her husband, Emilio, 7-year-old daughter, Emily, and Gloria Fajardo, her mother.

Smoking smokes out lives

By Tech. Sgt. Raymond Fernandez
Laughlin Health and Wellness Center tobacco facilitator

On April 17, 2000, a news release from the American Forces Press Service stated that the Department of Defense would expand its smoking ban to include clubs, bowling alleys and other Morale, Welfare and Recreation facilities. A recent mandate from the deputy undersecretary of defense for environmental security stated smoking will only be allowed in designated, separately ventilated smoking areas with a required compliance date of December 2002.

Why is the DOD creating a smoke-free environment? The answer to this question is quite simple: Smoking has a direct impact on the state of readiness in the armed forces.

Defense readiness is a top priority in our country today, especially in light of recent events. Present statistics indicate that approximately 30 percent of servicemembers DOD-wide smoke tobacco products, while the Air Force holds steady at 26 percent, which negatively impacts our readiness. On average, these individuals account for \$20 million in annual medical care expenditures and \$87 million per year in lost work days due to tobacco-related illnesses. Obviously, these resources could be better dedicated to other aspects of working and living environments.

Smokers typically have lower oxygen capacities in their lungs and hearts (as measured by VO2 max scores), which means less endurance, degraded physical fitness and decreased ability to "fight and win."

What does this mean to you personally? We've all heard medical authorities warn us that smoking causes lung cancer, emphysema, and increases risk of heart attacks and strokes. Well, wake up and smell the coffee. Smoking not only does this, but may also cause headaches, chest pain, shortness of breath during rest and exercise, ulcers, sexual

dysfunction, memory problems, chronic coughing, excessive tiredness, trouble falling asleep, frequent upper respiratory infections /colds, and poor response to medications.

Approximately half of all lifelong smokers die from diseases caused by smoking such as cancer, emphysema and chronic obstructive pulmonary disease. Of these, approximately half die in middle age between 35-69, losing an average of 20-25 years of life expectancy.

Smoking is a source of lifelong problems for children, as smoking during pregnancy may cause birth defects. In addition, chronic ear infections, asthma problems, recurring colds, and allergies can be made worse in children exposed to smoke from family members.

There are numerous benefits associated with quitting smoking. First, you can prevent losing those years, as well as reduce lost workdays and improve physical fitness. Smoking cessation will also help you feel, smell, and look better, improve your sense of taste and smell, enhance your self-image, and improve your sleeping and resting habits. All this while allowing you to enjoy a longer and healthier life with your family.

Hopefully this article has convinced you to take steps to quit smoking. The smoking habit is difficult to overcome, especially during these busy times, but the health and wellness center can assist you in your efforts, if you have the desire to quit.

We will be glad to explain what tobacco cessation methods to try. Consider enrolling in our Fresh Start program that runs for five weeks and uses nicotine replacement therapy medicines. Limited individual counseling is also available, as well as a new self-study program where the medical folks will monitor your progress.

For more information, call the health and wellness center at 298-6464.



Sports and Health briefs

Football games televised

Club Amistad is open from 11 a.m. to 7 p.m. Sundays featuring the Sunday National Football League ticket. Every NFL game is broadcast. Come see your favorite team play.

For more information, call 298-5374.

Golf tournament scheduled

The Laughlin Air Force Base Fall Classic Golf Tournament will begin at 8:30 a.m. Dec. 1 at the Leaning Pine Golf Course.

Tournament format is a four-man, best-ball scramble. Entry fee is \$25 per person and includes complementary breakfast, lunch and beverages. Green fees and cart are not included in the cost.

Prizes will be awarded for 1st, 2nd and 3rd places. Proceeds from this event will go to support Operation Jingle and the Laughlin Air Force Base Top 3. Operation Jingle is a program run by first sergeants that provides money during the holiday season to enlisted people experiencing financial problems.

To register or for more information, contact Master Sgt. David Morrison at 298-6415 or Master Sgt. Timothy Adkins at 298-5244. Participants must register by Nov 28.

Aerobics class canceled

The aerobics class for Thursday at the XL Fitness Center has been canceled.

For more information, call the fitness center at 298-5251.

XL Fitness Center

Monday – Thursday:

5 a.m. to midnight

Friday:

5 a.m. to 8 p.m.

Saturday, Sunday,

Holidays:

9 a.m. to 8 p.m.

Recycle.

